From: Joseph Clemons

To: Nebraska Regional Poison Center

Subject: Toxicologist joins our team!

Date: 10/3/2023

Hello everyone,

I am honored to share my journey and enthusiasm as I join the dedicated teams at the Nebraska Regional Poison Center and the Nebraska Medicine’s Emergency Department! Here's a little about me:

* **Passion for Teaching and Learning**
  + From the early days of medical school, teaching has been a fervent passion of mine. The opportunity to craft didactic sessions and provide learning avenues for medical students has been incredibly fulfilling. I am eager to leverage my expertise in toxicology to further educate our residents and students.
* **Finding My Niche in EM**
  + Emergency Medicine, with its vast and varied patient scenarios, has always fascinated me. While I've relished managing critically ill patients, my keen interest in toxicology emerged as an avenue where I can create a niche and have the opportunity to teach students, residents, and other professionals about the fascinating world of toxins and poisons!
* **A Case That Sparked My Passion**
  + My commitment to toxicology was catalyzed during my second year of residency. I encountered a challenging case involving a young woman with a Benadryl overdose, presenting with status epilepticus and wide-complex tachycardia. Despite our best efforts, her condition persisted. However, a recent case report hinted at the potential benefits of Intralipid, a treatment our ED had just started stocking. Administering Intralipid had an immediate transformative effect. The patient, who was in a life-threatening rhythm just moments earlier, reverted to a normal sinus rhythm and made a remarkable recovery.
  + This transformative experience motivated me to delve deeper into toxicology. I soon acquired Goldfrank's Toxicological Emergencies and started my Toxicology fellowship at Oregon Health and Science University. Along the way, I have had the privilege of connecting with seasoned toxicologists, sharing intriguing case discussions, and garnering invaluable insights.

I am truly excited for this new chapter with the Nebraska Regional Poison Center and the Nebraska Medicine Emergency Department. Together, we will advance our shared goals of patient care, education, and continuous learning. Looking forward to meeting each one of you!

Warm Regards,

Joseph Clemons MD, MPH