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Serving Nebraska, Idaho, Wyoming, American Samoa, and Federated States of Micronesia

## Be safe in the Season of Fall

**Carbon Monoxide (CO):** Carbon monoxide is a colorless, odorless, tasteless dangerous gas. It can be produced by:

- ✚ Burning charcoal indoors
- ✚ Gas-fueled water heaters
- ✚ Heating a home with a gas stove
- ✚ Improperly functioning gas furnace
- ✚ Vehicle exhaust
- ✚ Wood stoves

CO can mimic other illnesses such as the stomach flu or food poisoning. Early symptoms are headache and feeling sick to your stomach and/or vomiting. Other symptoms can also include drowsiness and dizziness. Always keep a CO detector in your home.

**Antifreeze:** Antifreeze is available as radiator antifreeze (often contains ethylene glycol) or windshield wiper solution (contains methanol). Both are highly toxic substances.

- ✚ The colors and sweet taste may be attractive to young children.
- ✚ Keep antifreeze products out of the reach of children.
- ✚ Always keep antifreeze in its original container and stored in locked cabinets.

**Halloween:** The Nebraska Regional Poison Center wishes you a happy and safe Halloween. Listed below are Halloween tips for parents with youngsters.

- ✚ Check treats thoroughly before allowing children to eat them.
- ✚ Check wrappers for holes, tears and signs of rewrapping or tampering.
- ✚ Throw away unwrapped candy or fruits if the source is unknown.
- ✚ Be watchful of glow sticks and jewelry. If one breaks, avoid skin, mouth and eye contact.
- ✚ If your children use make-up rather than a mask, watch out for possible skin irritation, such as a rash or itching. If this occurs, remove the make-up immediately and thoroughly cleanse the area with soap and water.
- ✚ Dress children in light-colored clothing, short enough to prevent tripping and apply reflective tape for added safety.
- ✚ Carry a flashlight after dusk and watch for cars. Try to finish before dark.
- ✚ An adult should accompany young children and Halloween visits should be limited to familiar, local neighborhoods.
- ✚ Make sure children can see well enough through facemasks to prevent falls.
- ✚ Dry ice can be used in punch bowls but should not be used in individual glasses. Frostbite can occur if skin comes into contact with dry ice.

*Call the Poison Center at 1-800-222-1222 and talk immediately to a  
Registered Nurse or Pharmacist 24/7/365*