

# OMMRS

## Omaha Metro Medical Response System<sup>®</sup>

For Additional Information or References Call the Poison Center: (402) 955-5555 or (800) 222-1222  
All meds are available as generic

### Psychiatric Medication Resources in Emergencies<sup>®</sup>

	Medication Name Brand (generic)	Adult Dose	Children's Dose	Warnings/Precautions
<b>Antidepressant</b>	<b>Prozac<sup>®</sup></b> (Fluoxetine) <i>OR</i>	20 mg PO q AM	5-10 mg PO q AM	Dosage reductions may be necessary for fluoxetine in patients with hepatic failure
	<b>*Zoloft<sup>®</sup></b> (Sertraline) <i>OR</i>	Starting dose is 50 mg PO daily	12.5-25 mg PO daily	<b>CAUTION</b> use with NSAIDs and anticoagulants due to increased bleeding
	<b>Paxil<sup>®</sup></b> (Paroxetine) <i>OR</i>	Starting dose is 20 mg PO daily	None	Monitor for hyponatremia, seizures and manic episodes
	<b>Celexa<sup>®</sup></b> (Citalopram) <i>OR</i>	Starting dose is 20 mg PO daily	10 mg PO daily	Monitor for the emergence of agitation, anxiety, panic attacks, hostility, irritability, hypomania or mania, unusual changes in behavior, and, the emergence of suicidality
	<b>Effexor<sup>®</sup></b> (Venlafaxine)	Starting dose is 37.5 mg extended release PO	None	Venlafaxine is second line treatment if SSRIs are ineffective.

If discontinuing SSRI or other newer antidepressant drug, a gradual reduction in the dose is required rather than an abrupt cessation

	Medication Name Brand (generic)	Adult Dose	Children's Dose	Warnings/Precautions
<b>Antipsychotic</b>	<b>Haldol<sup>®</sup></b> (Haloperidol) <i>OR</i>	0.5-5 mg PO BID or TID 5-10 mg IM; 2-5 mg IV	0.5 mg PO BID or TID 0.05-0.15 mg/kg/dose IM or IV, max of 5 mg, may repeat hourly prn	Should not be used in children under 3 years of age. Should use low dose in the elderly population. Risk for QT prolongation, especially when given IV.
	<b>Zyprexa<sup>®</sup></b> (Olanzapine) <i>OR</i>	5-10 mg PO/ODT daily 10 mg IM	4-<6 yrs: 1.25 mg PO daily; 6-12 yrs: 2.5 mg PO daily; 5 mg IM	<b>Elderly Patients with Dementia-Related Psychosis:</b> Increased risk of death and increased incidence of cerebrovascular adverse events
	<b>Seroquel<sup>®</sup></b> (Quetiapine) <i>OR</i>	25-50 mg PO daily	None	Monitor for hyperglycemia, hyperlipidemia, <b>Neuroleptic Malignant Syndrome, QT prolongation, weight gain, cataracts, tardive dyskinesia, orthostatic hypotension, leukopenia,</b> and the emergence of suicidality
	<b>Geodon<sup>®</sup></b> (Ziprasidone)	10-20 mg IM	10 mg IM	

	Medication Name Brand (generic)	Adult Dose	Children's Dose	Warnings/Precautions
<b>Acute Anti-Anxiety</b>	<b>Ativan<sup>®</sup></b> (Lorazepam)	1-2 mg BID or TID PO, IM, IV, or SL PRN	0.05 mg/kg PO or IV q 4-8 hr PRN <i>*Not to exceed 2 mg per dose</i>	Caution should be used in patients with the potential for drug abuse. May need to use low doses and monitor for a paradoxical rage syndrome in the elderly population.

	Medication Name Brand (generic)	Adult Dose	Children's Dose	Warnings/Precautions
<b>PTSD</b>	<b>Minipress<sup>®</sup></b> (Prazosin)	Start at 1 mg PO, titrate by 1 mg every few days, up to max of 20 mg	<b>Not advised at this time</b>	Used for PTSD sleep disorders. Side effects include dizziness, palpitations, tachycardia, and hypotension.
	<b>*Zoloft<sup>®</sup> (Sertraline)</b> is the antidepressant of choice for PTSD (see Antidepressant)			

DO NOT REVISE. Contact Kathy Jacobitz, MHA, BSN, RN, CSPI at the Nebraska Regional Poison Center, [kjacobitz@nebraskamed.com](mailto:kjacobitz@nebraskamed.com); 402-384-4040 for permission to use, copy, distribute, or to provide suggestions for updates. Check [www.nebraskapoisson.com](http://www.nebraskapoisson.com) for the most recent version.

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