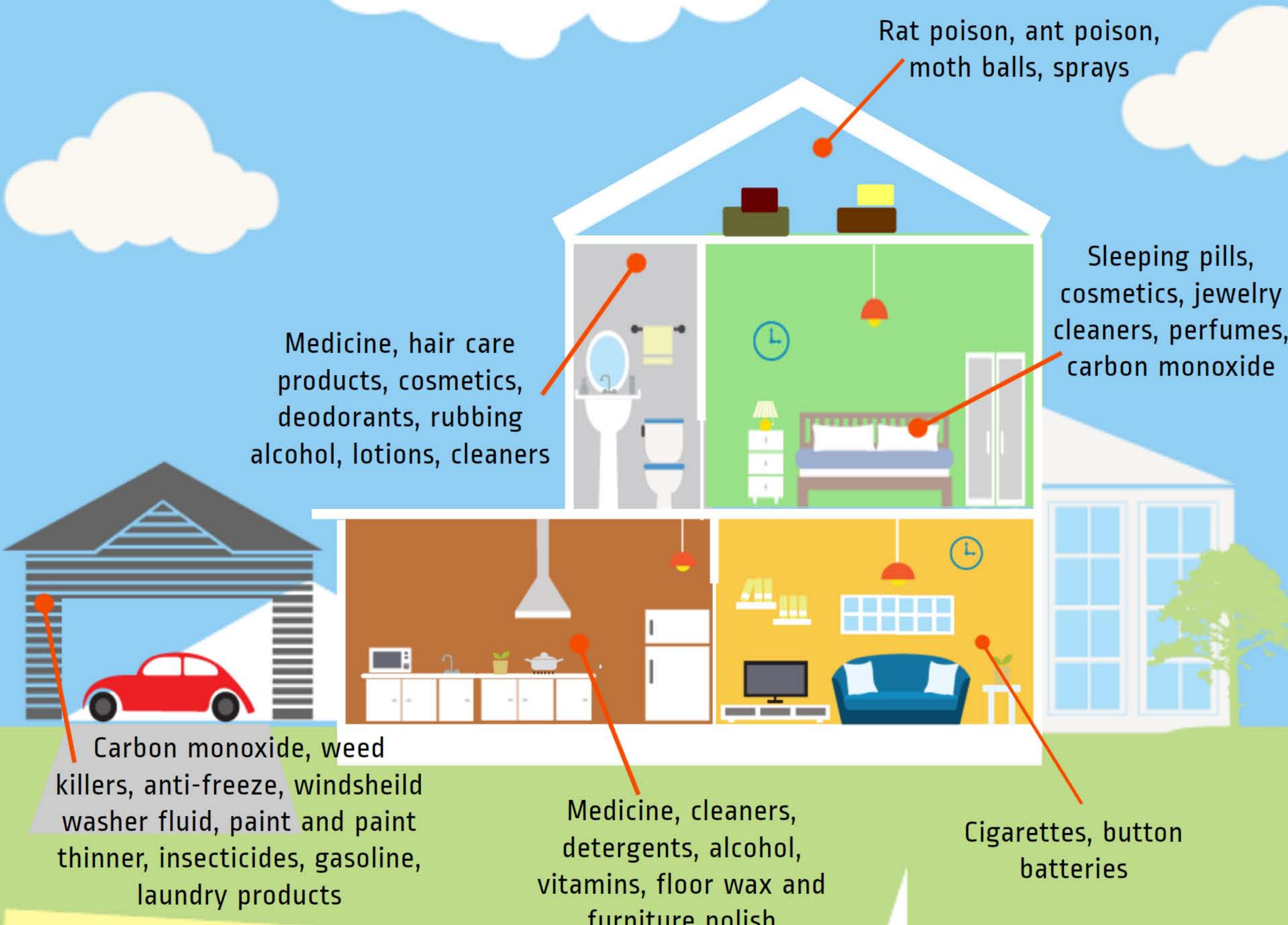


# Poisons in Your Home

Locate and lock up common household poisons to keep yourself and your family safe, healthy and happy in your home.



## To-Do List

- Program the Poison Help line number into cell phones and post it near home phones.
- Properly label and store cleaning products away from food.
- Make sure all medicines are locked up and out of reach of children.
- Install a carbon monoxide detector on every level of house.
- Clean out medicine cabinet and safely dispose of any unneeded medicine.
- Have paint and toys tested for lead.
- Store cosmetics out of reach of children.

**1-800-222-1222**



National Poison Prevention Week is March 17 to 23! Make it a personal goal to do one task from the "To-do List" each day this week!



## Helpful Household Tips

Follow these basic rules to keep your home poison free:



Never call medicine "candy." Poisons may look like food or drink. Teach children to ask an adult before tasting anything.



Keep medications and cleaning products in their original containers.



Turn on the light and put on your glasses when giving or taking medicine. Read the label each time!



Never mix household cleaning products together. Mixing them could create a poisonous gas.

## Did You Know?



**94%**

OF POISONINGS HAPPEN IN THE HOME.



**81%**

OF HUMAN EXPOSURES WERE UNINTENTIONAL



**51%**

OF CALLS TO POISON CENTERS INVOLVE CHILDREN 5 AND YOUNGER

## What to do (and don't do) if you're exposed to a poison

### STEP ONE

- Do keep calm.
- Don't panic and take action without seeking professional advice.

### STEP TWO

- Do call 1-800-222-1222.
- Don't look up advice on the internet. Every second counts and you may get bad advice on the web.

### STEP THREE

- Do follow the advice of the poison center expert and carefully monitor the exposure.
- Don't be embarrassed. With 4 million calls to poison centers each year, there's nothing they haven't heard.



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